

**Conference by Dr Betsy Keller:**  
**“Interpreting two-day cardiopulmonary exercise test results to help  
your ME patient”**

Myalgic Encephalomyelitis (ME), often referred to as chronic fatigue syndrome (CFS) is a complex, poorly understood, illness that remains largely unrecognized in the medical community. In recent years, numerous studies have been conducted to increase our knowledge and understanding of this illness and its debilitating effects. One of the areas of recent research has examined exercise intolerance in patients with ME/CFS, which has proved useful for understanding the process of rehabilitation.

AQEM (Association québécoise de l'encéphalomyélite myalgique) cordially invites you to attend a conference by Dr. Keller on Friday, March 7, 2014. The goal of the conference is to help physicians and allied health care professionals to understand the nature of physical impairment and disability in patients with ME/CFS and safe, effective approaches to rehabilitation.

Dr. Betsy Keller, PhD is an exercise physiologist and professor in the Department of Sports Medicine at Ithaca College in New York. She received her M.Sc and PhD in exercise science and has over a decade of clinical experience with patients with ME/CFS. Dr. Keller is also one of fifteen experts selected to work on a committee to develop new guidelines for ME/CFS by the Institute of Medicine (IOM) in the United States.

Dr Keller's lecture will discuss her clinical experience and research findings in patients with ME/CFS. Her research protocol involves using VO<sub>2</sub>max testing with gas exchange on two consecutive days. Her findings demonstrate that the response to cardiopulmonary exercise tests is typically abnormal in these patients.

To register contact Marie-Andrée Normandin :  
514-244-8917 | [coordination.aqem@outlook.com](mailto:coordination.aqem@outlook.com) (Limited places)

See the invitation for the address and the time of the conference



Association québécoise de l'encéphalomyélite myalgique  
2030 Boul. Pie-IX bureau 403, Montréal (Québec) H1V 2C8  
514-369-0386 | [www.aqem.org](http://www.aqem.org)