

# Invitation



The Association québécoise de l'encéphalomyélite myalgique is proud to present two conferences about ME/CFS taking place on Friday March 7th 2014

- 1- « No more flares! Physical activity guidelines to avoid symptom exacerbation with ME » by Dr. Betsy Keller PhD.
- 2- the disability insurance claims by Me Michel Gilbert.

## Reserve your places, they are limited!!!

#### Dr. Betsy Keller PhD

Dr. Betsy Keller, PhD is an exercise physiologist and professor in the Department of Sports Medicine at Ithaca College in New York. She received her M.Sc and PhD in exercise science and has over a decade of clinical experience with patients with ME/CFS. Dr. Keller is also one of fifteen experts selected to work on a committee to develop new guidelines for ME/CFS by the Institute of Medicine (IOM) in the United States. She will discuss her research protocol involving using VO2max testing with gas exchange on two consecutive days. Her findings demonstrate that the response to cardiopulmonary exercise tests is typically abnormal in these patients.

Schedule
12h45
Inscriptions

13h30 Me Gilbert presentation

> 14h30 Break

15h00 Dr. Keller presentation

#### Me Michel Gilbert

Lawyer for many years, he has been involved in various cases specific to patients with ME and has helped them to defend their rights.

He will be with us to elaborate about the evolution in this field and will explain the important criteria needed in making claims with your insurance company.

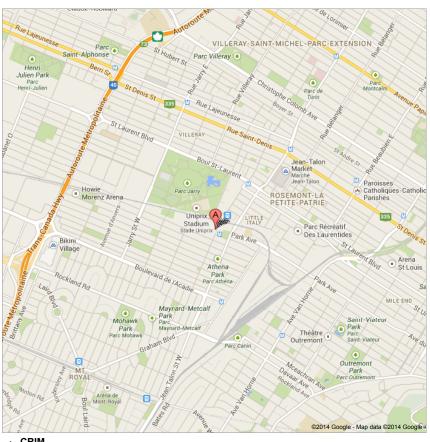
\*\*Presentation only in French\*\*

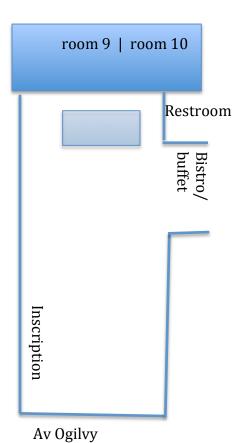
R.S.V.P Coordination.aqem@outlook.com 514-244-8917 Directions and specifications at the back

# Directions

### The event will be held at Concordia University CRIM:

405, Ogilvy Avenue, suite 101 Montreal (Quebec) H3N 1M3 Both presentations will be held in room **10** 





- A. **CRIM**405 Avenue Ogilvy #101, Montréal, QC H3N
  1M3
  (514) 840-1234
- Free Parking
- The building can be found in front of Parc metro station and in front of Montreal/Blainville-St-Jérôme train station
- Bus 435 express and 80 passes by Parc Avenue from Downtown (Place des Arts metro station)



L'Association québécoise de l'encéphalomyélite myalgique 2030 boul. Pie-IX bureau 403, Montréal (Québec) H1V 2C3 514-369-0386 www.aqem.org