

Young People - Get Involved.

Send us your poems and stories.

Are you a child or youth who has ME/CFS or FMS and likes to write? Be creative - write poems and stories. The more you write, the more fun it is. Send us your creative writing!

Every crisis has a gift for you in its hands. Unwrap the gift of writing.

Young Writers and Artists Submission Guidelines **Would you like to contribute to the Young Writers' and Artists' Club?**

We are looking for original poems or stories or art work by young people with myalgic encephalomyelitis /chronic fatigue syndrome or fibromyalgia syndrome. You can tell how you feel about being ill and not be able to do many things your friends can do. Your poem or short story does not have to be about your illness. You can write about things you have learned, what you like to do, hope for in the future, a trip or a pet. Sometimes being ill makes you learn to appreciate and value things that you took for granted before. Have you changed your perspective on life or discovered hobbies or talents you might not have pursued if you were not ill? Have you found some way of helping others?

We primarily present nonfiction, however we may consider short fictional poems or story. If 'brain fog' is a problem but you would still like to contribute, we're happy to edit your article for you if you would like us to do that. We will not correct spelling mistakes, etc. unless you have indicated that you want us to do that. If you wish, you can indicate your age and let us know if you want us to include that after your name.

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[Association for Young People with ME](http://www.ayme.org.uk) [UK]

<http://www.ayme.org.uk>

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Canadian Partnership for Children's Health & Environment [Canada]

<http://www.healthyenvironmentforkids.ca>

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CFIDS Youth Center [USA]

<http://www.cfids.org/youth.asp>

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CFS Insiders - Teens with Chronic Fatigue Syndrome [US]

<http://www.angelfire.com/ny2/mattspg/cfsindex.html>

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Children's Health & the Environment [Canada]

<http://www.cela.ca/collections/pollution/childrens-health-and-environment>

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Kids Health - Kids [USA]

<http://kidshealth.org/kid/>

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Kids Health - Teens

<http://kidshealth.org/teen/>

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National Education Association of Disabled Students (NEADS) [Canada]

<http://www.neads.ca>

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National Dissemination Center for Children with Disabilities [USA]

<http://www.nichcy.org/pages/Home.aspx>

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The Pediatric Network [USA]

<http://www.pediatricnetwork.org>

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Tymes Trust (The Young ME Sufferers Trust) [UK]

<http://www.tymestrust.org>

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Young Action on Line [UK]

<http://www.youngactiononline.com>

Education and Homework

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[AOL at School](#)

<http://www.aolatschool.com>

[AOL at School - Junior](#)

kindergarten to grade 2

<http://kids.aol.com/KOL/2/HomeworkHelp/Archive/homework-help-jr>

Visitors to our site would love to read about your experiences and ideas and see your artwork!

If you have a webster of your own and would like us to make a link to it from your story, poem or artwork, please send us the URL address in your email.

Please email your story, poem or artwork to mefmaction@ncf.ca