

NICE ME/CFS guideline outlines steps for better diagnosis and management

Written by Administrator

Saturday, 30 October 2021 22:58 - Last Updated Saturday, 30 October 2021 23:02

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NICE has today (29 October 2021) published its updated guideline on the diagnosis and management of myalgic encephalomyelitis (or encephalopathy)/chronic fatigue syndrome (ME/CFS).

28 October 2021

Paul Chrisp, director of the Centre for Guidelines at NICE (National Institute for Health and Care Excellence) states that it used the best available scientific evidence as well as listening to the real and lived experiences of people with ME/CFS in order to produce a balanced guideline for the diagnosis and management of ME/CFS.

To view the full NICE announcement, please go to:

** ** <https://www.nice.org.uk/news/>

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Myalgic encephalomyelitis (or encephalopathy)/chronic fatigue syndrome: diagnosis and management

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To view the guidelines, please go to:

<https://www.nice.org.uk/guidance/ng206>