## Winter 2017 - No. 109

CIHR Supports ME/FM Research

- CIHR Announces New ME/CFS Catalyst Grant Competition
- CIHR Looks for Review Committee Members
- IACFS/ME Conference
- Participant feedback from the IACFS/ME Conference

#### Quest\_2017

- Talking to your doctor
- Opioids
- My Parking Spot Was Far Away
- Adjudicating Disability Cases
- Staying in the Workforce With Fibromyalgia
- The Road to Acceptance
- Letter to the Lancet
- The Movie Unrest will Premiere at Sundance!
- Care by First Responders
- CPP Retirement Benefits to Expand
- Postal Service in Canada

### **Spring 2017 – No. 110**

- 2015 CCHS Statistics
- Bio-Research
- Reasons to be Optimistic: Notable Recent ME/CFS Research Progress
- Chronic Fatigue IS a Real Disease

• Epigenetic modifications and glucocorticoid sensitivity in Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS)

• Metagenomic Investigation of Plasma in Individuals with ME/CFS Highlights the Importance of Technical Controls to Elucidate Contamination and Batch Effects

- Interview with Dr. Ronald W. Davis
- Other Research

• Summary: Estimating the Disease Burden of ME/CFS in the United States and its Relation to Research Funding.

• Medically unexplained physical symptoms (MUPS) among adults in Canada: Comorbidity, health care use and employment

# • Symptômes physiques médicalement inexpliqués chez les adultes au Canada : comorbidité, recours aux soins de santé et emploi

- Network Activities
- Health Issues
- Opioids
- Disability Issues
- The PACE Trial
- Classification
- Ehlers-Danlos Syndromes:
- ICD-11
- National Strategy for Lyme
- FM Volunteer Receives Award

### Summer 2017 – No. 111

- MAY 12, 2017, International ME/FM Awareness Day
- Network Writes Prime Minister
- Prime Minister Responds
- UNREST
- May 12th Events
- From AQEM
- From MEAO
- From MEFM BC
- From the Fibromyalgia London Group
- Learnings From London, On Presentations:
- Reflections on the 2017 CADTH Symposium

- 2016 Diagnostic Criteria for Fibromyalgia
- CIHR Catalyst Grant for ME Research
- Medical Organizations in Canada
- Stress Testing for Research Project
- Toronto Awareness Day Proclamation

Accessibility Report Released

### Fall 2017 - Special Edition – No. 112

Under-Served and in Great Need

Contains graphs and trend analysis of the Canadian Community Health Survey 2005, 2010, 2014

• Commentary

- Under-Served and in Great need
- Issues: ME/CFS
- Issues: FM
- Trends in the Canadian Community Health Survey Data 2005, 2010, 2014
- Introduction
- Trends: ME/CFS
- Trends: FM
- Prevalence Figures from CCHS 2015 and 2016
- A Note on Multiple Chemical Sensitivities
- The Need for Additional Statistics and Analysis

A **supplement** to this edition contains tables with statistics on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS), Fibromyalgia (FM), Multiple Chemical Sensitivities (MCS) as well as 16 other chronic conditions and the total population.

http://mefmaction.com/docs/CCHS 2005-2014 Tables.pdf

FM - A Multi-System Illness